



## Invitation

### Uno-X Tour te Fjells July 8-11, 2021 4-leg race



CK Valdres invites cyclists, managers, officials and the public to the Norwegian Cup based at Storefjell Resort Hotel 8-11 July 2021.

4 days and 4 stages - the only stage race of the season in NC. This is the fourth time we can present a stage race in the Norwegian Cup. The trails are challenging, where long climbs and fun gravel sections are the key word. And not to forget - amazing views and nature!

Like last year, it will be a fast-paced final stage. It runs in an 8km round track in Fagernes town, with several inlaid sprints.

It also runs for Sprint and Climbing Jersey for all classes as in previous years, with its own prize.

Start and finish are not in the same place, on stages 2 and 3. It appears in maps. Applies to M-Jr and K-Sr/Jr.

Not only will we look at mountains, but we will also ride mountains. The highest point is about 1100 meters above sea level.

New of the year is the 3rd stage, where the Hemsedals mountains are swapped with the mountain between Gol in Hallingdal and Bagn in Valdres.

### **Registration**

Online registration by Thursday 1 July at 23.59 via EQ-Timing.

The starting fee is NOK 1800,- per participant in all classes.

Leave until 23:59 on Wednesday 7 July for a 50% surcharge.

Link to registration here: [https://queue.eqtiming.com/queue/Uno-X\\_Tour\\_Te\\_Fjells/default.aspx](https://queue.eqtiming.com/queue/Uno-X_Tour_Te_Fjells/default.aspx)

### **Accommodation**

Tour te Fjells also has Storefjell Resort Hotel this year, as a race hotel.

The address is: Golsfjellet, 3550 Gol.

Phone: +47 32 07 80 00

Enter the code TtF21 when booking rooms at [Storefjell Resort Hotel](#)

There are generally also other good accommodation options in the surrounding area.

### **Kiosk**

The organiser club does not have its own sale of food/beverages.

On Friday's stage there is the possibility to buy food/drink at Sanderstølen hotel.

Saturday's stage offers lunch at an affordable price at Storefjell Resort Hotel.

On Sunday there are several options in Fagernes city centre.

### **Start number and secretariat**

Starting number is provided club wise from the Secretariat according to the driving schedule.

All clubs must be

Confirmed on Thursday 8 July, between 12:00-14:00 in the secretariat at Storefjell Resort Hotel.



### Opening hours secretariat:

Thursday: 12:00-21:00 at Storefjell Resort Hotel

Friday: 08:00-10:00 and 15:00-16:00 at start

Saturday: 08:00-10:00 and 15:00-16:00 at Storefjell Resort Hotel

Sunday: 08:00-13:30 at Skiferplassen, Fagernes (at the start/finish area)

Outside the opening hours of the Secretariat, Trine Andersen can be reached on mobile: 91194560

### Team Leader Meeting

The team leader meeting will be held for team leaders at Storefjell Resort Hotel on Thursday 8Th July at 1.30pm.

This is MANDATORY for all teams/teams and there will be control of attendance. Request for service car in the field, report by mail to SK. Heidi Stenbock-Haakestad, by Sunday 3 July by mail to, [heidi.haakestad@gmail.com](mailto:heidi.haakestad@gmail.com) Service queue will be raged after the pace results on Thursday evening. No will be awarded at the start Friday morning.

### Typing

Because of the Corona situation, it is uncertain what this will be like in 2021. Final information will be at the team leader's meeting. The race follows the current national protocol.

### Contact persons

Function	Responsible	E-mail	Phone
Race leader	Ole Christian Nymoen	<a href="mailto:ole.christian@tourtefjells.no">ole.christian@tourtefjells.no</a>	46815327
Ass.race leader	Tor Erling Sæthre	<a href="mailto:tor.erling@tourtefjells.no">tor.erling@tourtefjells.no</a>	40204213
Security and security officer	Anniken Dygd Kvisgaard	<a href="mailto:anniken@tourtefjells.no">anniken@tourtefjells.no</a>	91389189
Information and web manager	Øystein Engelsen	<a href="mailto:oystein@tourtefjells.no">oystein@tourtefjells.no</a>	99108805
Chief Commissioner	Heidi Stenbock-Haakestad	<a href="mailto:heidi.haakestad@gmail.com">heidi.haakestad@gmail.com</a>	92804303
Head of secretariat	Trine Andersen	<a href="mailto:post@tourtefjells.no">post@tourtefjells.no</a>	91194560
Arena responsible	Roger Mørby	<a href="mailto:post@tourtefjells.no">post@tourtefjells.no</a>	97461900
Registration Manager	Anniken Dygd Kvisgaard	<a href="mailto:post@tourtefjells.no">post@tourtefjells.no</a>	91389189
Alluding	Veronica Dahle		97565440



## Driving schedule 2021

Date	Activity	Start time	Finish	Distance	Altitude
Thursday July 8	Secretariat Delivery of start number	12:00-21:00 12:00-13:30		Storefjell resort hotel	
	Team Leader Meeting	13:30-14:30		Storefjell resort hotel	
	TT all classes on gravel road 30 sec. start difference	16:00 -approx. 20:00 Cross FV51 and entry to Golsfjellet	Storefjell resort hotel	5 km individual climbing pace	Approx. 200 hm
Friday, July 9	M-junior/K-senior	09.00 Bagn	09 Storefjell	78 km	Approx. 1300 hm
	K-junior	12:00 Storefjell resort Hotel	13:30 Storefjell	42 km	Approx. 800 hm
	M-senior	16:30 Gol/Herad skule	20:00 Storefjell	124 km	Approx. 2300 hm
Saturday, July 10	K-junior/K-senior	08:30 Aurdal Fjordcamping	10:30 Ryfoss	50 km	Approx. 1000 hm
	M-junior	10:45 Ryfoss	12:30 Sanderstølen	64 km	Approx. 500 hm
	M-senior	16:40 Sanderstølen	19:30 Sanderstølen	132 km	Approx. 2800 hm
Sunday 11. July	K-junior	08:00 Fagernes City Center	08:50 Fagernes City Center	32 km 4 rounds	Approx. 250 hm
	M-junior	09:00 Fagernes City Center	10:00 Fagernes City Center	47 km 6 rounds	Approx. 400 hm
	K-senior	10:10 Fagernes City Center	11:15 Fagernes - Wikipedia Centre	39 km 5 rounds	Approx. 300 hm
	M-senior	11:50 Fagernes City Center	13:30 Fagernes City Center	71 km 8 rounds	Approx. 515 hm



## **Trails**

For more accurate information about the trails see <https://tourtefjells.no/>  
The roadbook will also be awarded at the team leader meeting.

## **Arrival start/destination**

There will be good access/parking in the start and finish areas with the exception of the start area of the pace app on Thursday 8 July. Heading to the pace app is recommended at the target area of storefjell resort hotel.

## **Service car**

The organizer will drive 2 neutral service vehicles. For the Norwegian Cup race, the number of service cars will be determined by the jury. Clubs that wish to run service report this to the team leader meeting. There must be at least two people in each service car, and one must have a service license. It is alluding to cooperation for the small clubs. The order is set out in accordance with ncf's regulations, and the final list will be made public after the team leader meeting. Clubs that have not confirmed their starting mates by Thursday 8 July at 2pm, or are late for the team leader's meeting, will not be in the draw and will be last or not allowed to run.

Valid service license will be checked.



### Victory ceremony

Victory ceremony for the top three every day takes place immediately after the finish. Those who are going on the podium are obliged to attend the victory ceremony. At the Norwegian Cup race, the head of the Norwegian Cup and the leader of the U23 competition will also meet for the jersey ceremony immediately after the finish.

### Premiering

The prize will be as follows:

Prizes on each of the 4 stages:				
Location	K junior	K senior	M junior	M senior
1.	500	800	500	800
2.	350	600	350	600
3.	200	400	200	400

Premiering Norway's Cup Uno-X Tour te Fjells 2021 (overall):				
Location	K junior	K senior	M junior	M senior
1.	2000	3000	2000	3000
2.	1000	2000	1000	2000
3.	500	1000	500	1000
4.	300	700	300	700
5.		500		500
6.		300		300

The leader's jersey/point jersey/climbing jersey will be awarded in all classes at the ceremony after the finish.

Prizes are collected in the Secretariat during its opening hours. Unrepaired prizes accrue to the organizer. This also applies to cash prizes.

Tour te Fjells will hand out a leader/points and climbing jersey in each class.

The leader's jersey in the Tour te Fjells will be worn by the rider who has the best time overall.

At equal time, the jersey should be worn by the rider with the lowest space digit. If there is still equal time and space digits after the last stage, then it will be decided with the results of the last sprint.

If the leader in Tour te Fjells is also the overall leader in the Norwegian Cup, then the NC jersey should be worn by the next placed in the NC summary.

The leader's jersey in tour te Fjells has prioritised ahead of the champion jersey.

The points and climbing jerseys are back in the Tour te Fjells! If the classes exceed 10 participants, jerseys will be awarded every day. (There's no sprint jersey on Thursday and not the climbing jersey on Sunday)

Points are awarded to the first 3 on the inlaid sprints and the first 10 in the finish. The scorescale is attached to the Roadbook and follows the UCI's regulations.

The points and climbing jersey is given priority after the leader's jersey.





Tour te Fjells gives NC and NCF ranking points after kat. 6 for single-tapping and cat. 2 for overall. This is the same as you achieve in the Tour of Norway etc.

<https://www.sykling.no/sites/default/files/media/Dokumenter/Sykkelritt/Poengskala%20NCF%20ranking.pdf>

### **Media**

Live streaming of the rides is being worked on. Info can be posted on the homepage/Facebook.

In addition, the magazine "Landevei" has daily coverage of the races.

### **Hotel facilities mm**

Storefjell Resort Hotel offers all teams staying at the hotel, indoor bike parking/sink/mek.



The Norwegian Cycling Association wants you as a participant to be confident that the rides you participate in should be safe and follow a proportionate quality. We want you as a participant to know what you can relate to and what you get as a participant in our race.

### Organizer

The race's organiser is **CK Valdres**. The club is affiliated with the Norwegian Cycling

#### Insurances

The race is the futures list, which means that the race's organiser has liability insurance through NCF/NIF and you as a performer are insured through the year-round license that you use during

Association (NCF) and NIF

### Permissions

The race has obtained the necessary permits with:

- Norwegian Public Roads Administration
- Police
- Landowners / Private road owners
- Nord-Aurdal Municipality

#### Notificat

The race is alerted to the surroundings by:

- Press coverage
- Social Media
- Lookup -

### Rules

The race follows ncf's laws and regulations for the implementation of rides.

The race is cycled with dynamic closure. Information on this will be given at the team leader meeting (mandatory for team leader)

The Chief Commissioner has the highest responsibility for the implementation of the competition.

When the race is run as a total race, a running time limit of 10 minutes has been set to complete the stage. If you get outside of this, you get taken out of the stage and get a time supplement of 30 minutes on winning time. This is reviewed at the team leader meeting.



**Sanitat**

Ambulance is presented in the target area and in the races, with 2 full-fledged ambulance cars manned by Paramedics.

By the way, the local medical centre at Gol/Fagernes is staffed with a doctor from 09:00 TO 23:00 every day. Call 116117 for medical needs beyond race time.

Security Manager Anniken Dygd Kvisgaard – 91389189

**Accident procedure**

Guards should report all incidents to the security officer. The security officer shall have a list of contact numbers of the practitioner and the next of kin. It is the performer's duty to disclose this to the promoter.

Guards report actions to the security officer. The security officer notifies relatives and other agencies.

Athletes who are prone to accidents but who manage on their own should notify of the incident to the safety officer or secretariat. This for the sake of the license scheme and any use of insurance.

**Security**

Stationary guards are deployed at critical points on the trail. In addition, we have about 30 trail guards + 20 MC everyday.

The duty of the guards is to keep unauthorized/cars away from the trail, notify accidents and call for help.

It is the rider's own duty to know where the track is going and how many laps will be run.

The trails are separated according to the normal sign age.

**Alluding**

Radiotour is run at Skjalge Kraglund after normal procedures, on VHF radios. Referee cars, MOTORCYCLE and race management use emergency network connections.



**WELCOME TO BIKE PARTY  
IN HALLINGDAL AND VALDRES  
JULY 8-11, 2021**



[www.tourtefjells.no](http://www.tourtefjells.no)

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<https://www.instagram.com/tourtefjells/>

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